

Kate Jones
07786 854892



Be the best you can be

INDIVIDUAL COACHING LESSONS: KATE JONES also offers individual coaching lessons.

BROKEN STRINGS/WORN GRIP—Peter Harding can re-string and change grips—please discuss prices with Peter on 07907 990226.

RACKETS AVAILABLE IF REQUIRED. Please ensure children are dressed appropriately for tennis and weather. Please supply a water bottle each session.

Please fill in General Information:

NAME OF CHILD:		AGE OF CHILD:	
ADDRESS:			
MOBILE NO:		EMERGENCY CONTACT NO:	
EMAIL ADDRESS:		MEDICAL INFO:	

Term time lessons are led by Kate Jones who is a Level 2 LTA coach. All coaches are CRB checked. Courses may be cancelled if numbers are low.

If you would like any further information please contact **Kate Jones** on **07786 854892** or by email on kate@r2rtennis.co.uk

www.r2rtennis.co.uk



Be the best you can be

COACHING COURSES 2010



HALF TERM CAMP:
WEDS, 2— FRI, 4 JUNE(3 days)
At Spinney Tennis Courts, Kettering



TERM TIME:
FRIDAY'S (6 week block)
FRI, 11 JUNE —FRI, 16 JULY
At Kettering Tennis Club, Northampton Road, Lake Avenue



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COACHING COURSES (ages are only guidelines and depend on experience and ability):

Mini Reds (4-8 years)



HALF TERM COURSE	SUMMER TERM TIME
9.30—10.30 AM	Friday, 4—4.45PM

Red ball mini tennis is played on smaller courts with shorter rackets and softer balls. It is suitable for beginners and will give youngsters the chance to develop a broad range of skills to play all balls sports effectively. Key focus on practising different types of shots, co-ordination, throwing and catching, balance and having lots of fun too.

Mini Orange (8 -9 years)



HALF TERM COURSE	SUMMER TERM TIME
10.45—11.45AM	Friday, 5—6PM

Played on 3/4 court with bigger rackets and next stage orange balls . This is the next stage to go through before playing on a full sized court, to help players develop all the different shots and provide fun competition.

Mini Green (10 -11 years)



HALF TERM COURSE	SUMMER TERM TIME
10.45—11.45 AM	Friday, 6—7PM

Played on a full sized court using bigger rackets and low compression green balls. It is the next stage to go through before playing with a full compression yellow ball. It will help players to work on and improve all aspects of their game within a fun, competitive environment.

Junior (11 years and over)



HALF TERM COURSE	SUMMER TERM TIME
11.45 —12.45 PM	Friday, 6—7PM

Played on a full sized tennis court, with full size rackets and full compression yellow balls. It is the last stage of “mini” tennis to develop technique and skills further and learn competition scoring and tactics.

DETAILS:

WEEK	DATE	DURATION	DAILY	BLOCK
HALF TERM	2nd—4th June	3 days	£6.50	£13.50
SUMMER TERM	Fri, 11th June— Fri, 16th July	6 week block	X	£24

Please complete the section below and general detail section on back page. Send with a cheque to Kate Jones, 33 Denford Road, Ringstead, Kettering, Northants NN14 4DF.

All cheques are to be made payable to **R2R Tennis Ltd**.

Please tick which course attending:



HALF TERM COURSE:

Please tick which day and class attending:

ALL £13.50	WEDS £6.50	THURS £6.50	FRI £6.50
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



Mini Reds	Mini Orange	Mini Green	Junior
9.30—10.30am	10.45—11.45am	10.45—11.45am	11.45—12.45pm
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

SUMMER TERM TIME COURSE:

BLOCK (£24) Non members please add £6 to the cost of the course.

Please tick which class attending:

Mini Reds	Mini Orange	Mini Green	Junior
4—4.45pm	5—6pm	6—7pm	6—7pm
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>