



Dan Potter
07834 470940
Jon Anderson
07597 173 376



Be the best you can be

Please complete the section below and send with cheque to Dan Potter c/o R2R Tennis Ltd, 155 Cold Overton, Oakham, Rutland LE15 6NU.

All cheques are to be made payable to **R2R Tennis Ltd**.
 Payment for each course **MUST** be made prior to the start of the course.

Ref No of course applying for: Day:

Cheque enclosed for:

NAME OF CHILD:			
ADDRESS:			
MOBILE NO:		EMERGENCY CONTACT NO:	
EMAIL ADDRESS:		MEDICAL INFO:	
DATE OF BIRTH:		AGE OF CHILD:	
Is this the same course as last time:			

INDIVIDUAL COACHING LESSONS:

DAN offers individual lessons at £20 per hour, £12/ half hour for all levels and abilities.

BROKEN STRINGS/WORN GRIP—Dan can re-string and change grips—please discuss prices with Dan.

www.r2rtennis.co.uk



Be the best you can be



COACHING COURSES
2010
 at
Oadby Tennis Club




NEW YEAR COACHING PROGRAMME
Starts w/c Mon, 4 January 2010
for a 6 week block



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Jon Anderson- 07597 137376

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COACHING COURSES (ages are only guidelines and depend on experience and ability):

COURSE	DESCRIPTION	DAY/ TIME	COST		Ref No
			Indoor	Outdoor	
Mini Reds (4-8 years) 	Red ball mini tennis is played on smaller courts with shorter rackets and red balls. It is suitable for beginners and will give youngsters the chance to develop a broad range of skills to play all balls sports effectively. Key focus on practising different types of shots, co-ordination, throwing and catching, balance and having lots of fun too.	Fri- day's 5— 5.50pm	£30	£24	R1
Mini  (8—10 years)	Played on 3/4 court with bigger rackets and orange/green balls. This is the next stage to go through before playing on a full sized court, to help players develop all the different shots and provide fun competition.	Fri 5—6pm	£30	£24	OG1
Full (10—14 years)	Played on a full sized tennis court, with full size rackets and full compression yellow balls. To develop technique and skills further and learn competition scoring and tactics.	Fri 6-7pm	£30	£24	FT1
Full (14—18 years)	Played on a full sized tennis court, with full size rackets and full compression yellow balls. To develop technique and skills further and learn competition scoring and tactics.	Fri 7—8pm	£30	£24	FT2
 Per- formance (Invite Only)	For stronger orange and green players. Match practice and tactics are delivered throughout the session. All players for this group are invited by the Head Coach only and must be having at least 2 sessions a week, maybe an individual lesson and competing in tournaments.	Mon 4.30 - 5.30pm	£30		PO/ G2
Full Per- formance (Invite Only)	For stronger players. Match practice and tactics are delivered throughout the session. All players for this group are invited by the Head Coach only and must be having at least 2 sessions a week, maybe an individual lesson and competing in tournaments.	Mon 5.30— 6.30pm	£30		PF2

COURSE	DESCRIPTION	DAY/ TIME	COST		Ref No
			Indoor	Outdoor	
Adults (Technique)	Development of technique within a group	Sat 9-10am		£24 Members only	A1
Adults (Tactics)	Drills and Doubles' tactics	Sat 10- 11am		£24 Members only	A2
Adults (Beginners)	New adult beginner session. Great opportunity to get some exercise and learn to play or make a come back to tennis!!! Fun, social night with all abilities welcome.	Thurs 1.30— 2.30pm		£24 Members only	A3

Lessons are led by Head Coach, Dan Potter who is a Licensed LTA coach. All coaches are CRB checked.

If you would like any further information please contact contact Dan on 07834 470 940 or email on djpotter2@hotmail.com or alternatively contact Jon Anderson 07597 137 376 or by email on jon@r2rtennis.co.uk.

Course may be cancelled if numbers are low.

All Juniors must be members after they have attended 1 course. For membership enquiries please contact Chis Belcher on 0116 271 6428 or Dan for further information.

RACKETS AVAILABLE IF REQUIRED. Please ensure children are dressed appropriately for tennis and weather. In the case of inclement weather, please contact Dan/Jon to check if lesson is on. No charge will be made if session is cancelled due to inclement weather. Please supply a water bottle each session.