

Jon Anderson

07597 137 376

Ralph Clarke (07866 433 605)

Richard Wilson (07971 457739)



Be the best you can be

R2R are delighted to join the Westfields Tennis Club. We work in many clubs around Leicestershire, Lincolnshire and Northamptonshire. The key people you will get to know over the next 2 months are **Ralph Clarke**, an ex professional and county player, **Richard Wilson**, county competition organiser for Tennis Leicestershire, but most importantly your Head Coach, **Jon**.

Jon has worked at David Lloyd in the past and presently covers performance coaching at Oakham and Oadby. He has experience of working with Juniors and Adults.

Our plans for 2010 include:

- Establish strong links with local schools/colleges.
- Ensure mini players are playing with the correct coloured ball and court size.
- Introduce adult coaching in the day and evening time.
- Offer holiday camps during all school holidays.
- Ensure as many teams as possible are entered into Summer Aegon leagues.

We will also aim to get as many Juniors to join in the tournament structure within the county by playing in other clubs' tournaments.

We also hope to run our own tournaments at the Club (dependent upon court time).

If you would like any advice on playing, or have any questions about R2R Tennis, please contact Richard Wilson on 07971 457 739 or by email - richard@r2rtennis.co.uk

INDIVIDUAL COACHING LESSONS:

Jon offers individual coaching lessons at £20 per hour, £12/ half hour for all levels and abilities.



BROKEN STRINGS/WORN GRIP— Jon can re-string and change grips—please discuss prices and types of string with Jon.

www.r2rtennis.co.uk



WESTFIELDS TENNIS CLUB

21A Eastfield Road

Off Hinckley Road

Leicester

www.westfieldstennisclub.co.uk



Be the best you can be

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TENNIS COURSES

2010

at

Westfields Tennis Club

COACHING PROGRAMME

Starts

Wednesday, 24 February 2010



for a 5 week block



Jon Anderson—07597 137 376

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COACHING COURSES (ages are only guidelines and depend on experience and ability):

COURSE	DESCRIPTION	START DATE (s)	DAY/TIME (S)	BLOCK COST MEMBERS	BLOCK COST NON MEMBERS	REF NO
 Red (4-8 years)	Red ball mini tennis is played on smaller courts with shorter rackets and softer balls. It is suitable for beginners and will give youngsters the chance to develop a broad range of skills to play all balls sports effectively. Key focus on practising different types of shots, co-ordination, throwing and catching, balance and having lots of fun too.	24 Feb OR 27 Feb	WEDNESDAY 5-6PM OR SATURDAY 9-10AM	£21	£24	WR SR
 Orange and Green (8-9 years and 10/11 years)	Played on 3/4 court with bigger rackets and next stage orange balls. This is the next stage to go through before playing on a full sized court, to help players develop all the different shots and provide fun competition. Played on a full sized court using bigger rackets and low compression green balls. It is the next stage to go through before playing with a full compression yellow ball. It will help players to work on and improve all aspects of their game with a fun, competitive environment.	24 Feb OR 27 Feb	WEDNESDAY 5-6PM OR SATURDAY 10-11AM	£21	£24	WO/G SO/G
FULL TENNIS (11 years plus)	Played on a full sized tennis court, with full size rackets and full compression yellow balls. It is the last stage of "mini" tennis to develop technique and skills further and learn competition scoring and tactics.	24 Feb OR 27 Feb	WEDNESDAY 5-6PM OR SATURDAY 11-12 Noon	£21	£24	WF SF
Adult Coaching	Great opportunity to get some exercise and learn to play or make a come back to tennis!!! Fun, social night with all abilities welcome.	24 Feb	WEDNESDAY 6-7PM	£24	£30	AC1
Adult Team Training	Team players wanting to improve their game tactically.	24 Feb	WEDNESDAY 7-8PM	£24	£30	TT1

RACKETS AVAILABLE IF REQUIRED. Please ensure children are dressed appropriately for tennis and weather. In the case of inclement weather, please contact Jon to check if lesson is on.
Please supply a water bottle each session.

Please complete the section below and send with cheque to Jon Anderson, c/o R2R Tennis Ltd, 155 Cold Overton Road, Oakham, Rutland LE15 6NU.
All cheques are to be made payable to **R2R Tennis Ltd**.
Payment for each course **MUST** be made prior to the start of the course.

Ref No of course applying for: Day:

Cheque enclosed for: £

To become an annual member, please discuss with Jon or alternatively contact Caroline Moore (Membership Secretary) on 0116 239 2566.

www.westfieldstennisclub.co.uk

Please fill in General Information:

NAME OF CHILD:	<input type="text"/>		
ADDRESS:	<input type="text"/>		
MOBILE NO:	<input type="text"/>	EMERGENCY CONTACT NO:	<input type="text"/>
EMAIL ADDRESS:	<input type="text"/>	MEDICAL INFO:	<input type="text"/>
DATE OF BIRTH:	<input type="text"/>	AGE OF CHILD:	<input type="text"/>
Is this the same course as last time:	<input type="text"/>		

Lessons are led by Head Coach, Jon, who is a licensed LTA coach. All coaches are CRB checked. Course may be cancelled if numbers are low.

If you would like any further information please contact **Jon 07597 137 376**
or by email on jon@r2rtennis.co.uk, or alternatively contact **Ralph Clarke**
on **07866 433 605** or by email on ralphashleyclarke@yahoo.com or ralph@r2rtennis.co.uk